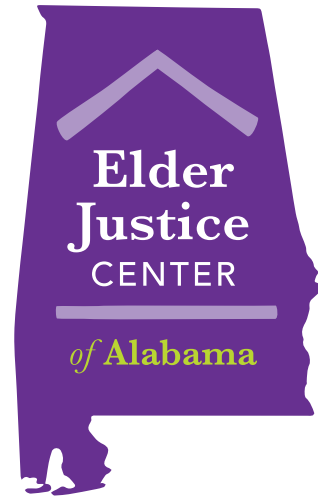


**THE  
BEST  
DAYS**

**ADULT  
DAY  
HEALTH  
CENTER**

**TUESDAYS & THURSDAYS**  
**8:30 am - 4:30 pm**  
**at the EJC of Alabama**  
4804 Highway 25  
Montevallo, AL 35115



**Our goal is to  
provide the  
“BEST DAYS” for  
your loved one.**

**SERVICES:**

Social Activities  
Arts & Crafts  
Health Care Monitoring  
Breakfast, Lunch, Snacks  
Podiatry (Foot Care)  
Services  
Daily Exercise  
Therapies (Art, Music)  
Caregiver Support,  
Counseling, and  
Education

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**[www.elderjusticeal.org](http://www.elderjusticeal.org) | (205) 490-8448**